Learn to manage difficult behaviour in children 2-12 years old

A four-session program for parents and carers
at Pialba State School
MYCP Centre, Alice St, Pialba, Hervey Bay
on May 9, May 16, May 30 and June 6 2014 from 9.00am to 11.00am
For more information contact Lisa Cooper on 0488 660637 or Norelle Barham on 0419 748918.

Learn:

✓ To engage your children’s cooperation by positively noticing and encouraging them
✓ To set clear expectations and help children develop frustration tolerance
✓ To help children’s brains to develop filters for behaving well
✓ To resolve family conflict quietly
✓ Some simple strategies to practise being a calm parent

1, 2, 3 Magic is a program designed to teach parents ways to manage their children’s behaviour that also builds up children’s emotional resources. It encourages a calm approach to parenting, even in those tough moments, and shows parents how to improve their relationship with their children.

All sessions must be attended.

Registration Fee:
The course costs is free

Register interest for this course with Lisa or Norelle on the number provided. Booking is essential as numbers are limited.

What people are saying...

What a relief to come across a program that preserves the dignity of the child, maintains the self control of both the parent and the child and is actually easy to remember when memory is the first thing to go!

I realised quickly that 1-2-3 Magic can be a magnificent preventative measure that any parent can use to avoid raising a child who later down the line, needs excessive discipline or grows out of control.

Who is running it?

The presenters for this course are Norelle Barham and Lisa Cooper who completed Parentshop’s 1-2-3 Magic® & Emotion Coaching practitioner training in 2012.

For more information contact Norelle Barham on 0419 748918
Lisa Cooper on 0488 660637.

This course is being run by a Parentshop® licensed practitioner. www.parentshop.com.au